List of resource persons/guest speakers who provided training/lectures to the participants in the Five One-Week Training Program for NSS Program Officers of J&K UT under the aegis of

Empanelled Training Institute (ETI), National Service Scheme (NSS), University of Kashmir, Srinagar

First Program (8th to 14th of November, 2021)

S. No	Name	Topic
1.	Dr. Musavir Ahmed, Program Coordinator, NSS University of Kashmir	National Service Scheme: Unlocking the Potential for Social Work among Student Community
2.	Dr. Wakar Amin Zargar, Department of Social Work, University of Kashmir	Social Work: Introduction, Scope and Challenges
3.	Dr. Musavir Ahmed, Program Coordinator, NSS University of Kashmir	Structure and Functioning of NSS
4.	Professor Zaffar A. Reshi, Dean, Biological Sciences, University of Kashmir, Srinagar	Youth and Climate Change: What an NSS volunteer can do
5.	Professor Syeda Afshana, Media Education Research Centre University of Kashmir, Srinagar	Creating Media Literacy
6.	Dr. Itender Singh Bali Indian Red Cross Society approved First Aid Trainer	General Principles of First Aid, Seeking Help, Quick Assessment, Recovery Position, Recovery Position, Resuscitation (CPR), Choking, Convulsions, Clearing Pathways, Chest Thrusts, Abdominal Thrusts
7.	Dr. Itender Singh Bali Indian Red Cross Society approved First Aid Trainer	Circulation Bleeding Shock, Application of Pressure, Compressive Bandage, Injury and fractures, Immobilization, Dressing, Bandages, Head, Neck and Spinal Injuries, Handling and Transport Stretchers, Burns, Cooling and Handling of Burn Victims
8.	Dr. Yasir Hassan Rathar, Institute of Mental Health and Neuroscience (IMHANS), Kashmir	Understanding Addiction
9.	Dr. Fazle Roub, Institute of Mental Health and Neuroscience (IMHANS), Kashmir	Substance Use Disorder
10.	Dr. Nasir Geelani Government Medical College, Srinagar	Basic Counseling skills in Addiction
11.	Dr. Musavir Ahmed, Program Coordinator, NSS University of Kashmir	Role of a Program Officer

12.	Mr. Tariq Ahmad Wani (KPS) (SP Traffic City),	Vigilant Society and Volunteerism
	J&K Police Department	
13.	Dr. Syed Karrar	A Developmental Perspective of Adolescence
	Government Medical College,	
	Srinagar	
14.	Dr. Iqra Shah	Suicides in Teens
	Government Medical College,	
	Srinagar	
15.	Mr. Muzaffar Ahmad Ganai	Stress Management among School going Children
	Government Medical College,	
	Srinagar	
16.	Mr. Haseeb ur Rahman (IPS)	Dos and Don'ts during Disasters; Earthquake, Flood, Fire
	Mr. Aejaz Ahmad (Instructor)	and Landslides
	State Disaster Response Force	Basic Life Support, Foreign Body Airway Obstruction,
	(SDRF)	Improvised Techniques with available resources during
	1 st Battalion Team, J&K Police	disasters
17.	Mr. Haseeb ur Rahman (IPS) with	Fire Fighting, Use of Fire Extinguishers, Rope Rescue
17.	Mr. Aejaz Ahmad (Instructor)	Techniques
	State Disaster Response Force	reciniques
	(SDRF) 1 st Battalion Team, J&K	
	Police	
18.	Mr. Haseeb ur Rahman (IPS)	Floating Aids and Improvised Techniques during floods
	Mr. Aejaz Ahmad (Instructor)	and the same and t
	State Disaster Response Force	
	(SDRF) 1st Battalion Team, J&K	
	Police	
19.	Dr. Musavir Ahmed,	Role of an NSS Volunteer
	Program Coordinator,	
	NSS University of Kashmir	
20.	Field Visit	Dal Lake Interiors

2^{nd} Program (22nd to 28th of November 2021)

S. No	Name	Topic
1.	Dr. Musavir Ahmed,	National Service Scheme: Unlocking the Potential for
	Program Coordinator,	Social Work among Student Community
	NSS University of Kashmir	
2.	Dr. Wakar Amin Zargar,	Social Work: Introduction, Scope and Challenges
	Department of Social Work,	
	University of Kashmir	
3.	Dr. Musavir Ahmed,	Structure and Functioning of NSS
	Program Coordinator,	
	NSS University of Kashmir	
4.	Professor Zaffar A. Reshi,	Youth and Climate Change: What an NSS volunteer can
	Dean Biological Science,	do
	University of Kashmir, Srinagar	

5.	Professor Syeda Afshana,	Responsible use of Social Media and Literate Users
J.	Media Education Centre,	Responsible use of Social Media and Literate osers
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-	University of Kashmir, Srinagar	Canaval Dringinlas of First Aid Cashing Hale Quick
6.	Dr. Itender Singh Bali Indian Red Cross Society	General Principles of First Aid, Seeking Help, Quick Assessment, Recovery Position, Recovery Position,
	approved First Aid Trainer	Resuscitation (CPR), Choking, Convulsions, Clearing
	approved instance	Pathways, Chest Thrusts, Abdominal Thrusts
7.	Dr. Itender Singh Bali	Circulation Bleeding Shock, Application of Pressure,
	Indian Red Cross Society	Compressive Bandage, Injury and fractures,
	approved First Aid Trainer	Immobilization, Dressing, Bandages, Head, Neck and
		Spinal Injuries, Handling and Transport Stretchers,
_		Burns, Cooling and Handling of Burn Victims
8.	Dr. Yasir Hassan Rathar,	Understanding Addiction
	Institute of Mental Health and	
	Neuroscience (IMHANS),	
	Kashmir	
9.	Dr. FazleRoub,	Substance Use Disorder
	Institute of Mental Health and	
	Neuroscience (IMHANS),	
	Kashmir	
10.	Dr. Nasir Geelani	Basic Counseling skills in Addiction
	Department of Psychiatry,	
	Government Medical College,	
	Srinagar	
11.	Dr. Musavir Ahmed,	Role of a Program Officer
	Program Coordinator,	
	NSS University of Kashmir	
12.	Mr. Arif Shah (IPS)	Vigilant Society and Volunteerism; Experiences of an
	SSP	Law Enforcement Officer
	J&K Police Department	
13.	Dr. Syed Karrar	A Developmental Perspective of Adolescence
	Department of Psychiatry,	
	Government Medical College,	
	Srinagar	C. Carlotte Transco
14.	Dr. Iqra Shah	Suicides in Teens
	Department of Psychiatry,	
	Government Medical College,	
1 -	Srinagar Mr. Muzaffar Ahmad Canai	Stross Managament among Cabacil asias Children
15.	Mr. Muzaffar Ahmad Ganai	Stress Management among School going Children
	Department of Psychiatry,	
	Government Medical College,	
16.	Srinagar Mr. Hassach ur Pahman (IRS)	Dos and Don'ts of during Disastors Like Earthquake
16.	Mr. Haseeb ur Rahman (IPS) With Mr, Aejaz Ahmad	Dos and Don'ts of during Disasters, Like Earthquake, Flood, Fire and Landslides
	(Instructor)	Basic Life Support, Foreign Body Airway Obstruction,
	State Disaster Response Force	Improvised Techniques with available resources during
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	(SDRF) 1 st Battalion Team, J&K Police	disasters
17.	Mr. Haseeb ur Rahman (IPS) with With Mr, Aejaz Ahmad (Instructor) State Disaster Response Force (SDRF) 1 st Battalion Team, J&K Police	Fire Fighting, Use of Fire Extinguishers, Rope Rescue Techniques
18.	Mr. Haseeb ur Rahman (IPS) With Mr, Aejaz Ahmad (Instructor) State Disaster Response Force (SDRF) 1 st Battalion Team, J&K Police	Floating Aids and Improvised Techniques during floods
19.	Dr. Musavir Ahmed, Program Coordinator, NSS University of Kashmir	Role of an NSS Volunteer
20.	Field Visit	Khushaal Sar Lake

3^{rd} Program (10th to 16th of January 2022)

S. No	Name	Topic
1.	Dr. Musavir Ahmed, Program Coordinator, NSS University of Kashmir	National Service Scheme: Unlocking the Potential for Social Work among Student Community
2.	Dr. Wakar Amin Zargar, Department of Social Work, University of Kashmir	Social Work: Introduction, Scope and Challenges
3.	Dr. Musavir Ahmed, Program Coordinator, NSS University of Kashmir	Structure and Functioning of NSS
4.	Dr. Bikram Singh Bali, Head Department of Earth Science, University of Kashmir, Srinagar	Earthquake Studies: Precautions and Prevention
5.	Mr. Javed Ahmad Tak (Padmashree) Social Activist	Disability Rights and Educational Institutions: Role of NSS
6.	Dr. Itender Singh Bali Indian Red Cross Society approved First Aid Trainer	General Principles of First Aid, Seeking Help, Quick Assessment, Recovery Position, Recovery Position, Resuscitation (CPR), Choking, Convulsions, Clearing Pathways, Chest Thrusts, Abdominal Thrusts
7.	Dr. Itender Singh Bali Indian Red Cross Society approved First Aid Trainer	Circulation Bleeding Shock, Application of Pressure, Compressive Bandage, Injury and fractures, Immobilization, Dressing, Bandages, Head, Neck and Spinal Injuries, Handling and Transport Stretchers, Burns, Cooling and Handling of Burn Victims

8.	Dr. Yasir Hassan Rathar,	Understanding Addiction
	Institute of Mental Health and	
	Neuroscience (IMHANS), Kashmir	
9.	Dr. Fazle Roub,	Substance Use Disorder
	Institute of Mental Health and	
	Neuroscience (IMHANS), Kashmir	
10.	Dr. Nasir Geelani	Basic Counseling skills in Addiction
	Department of Psychiatry,	
	Government Medical College,	
	Srinagar	
11.	Dr. Musavir Ahmed,	Role of a Program Officer
	Program Coordinator, NSS University	
	of Kashmir	
12.	Mr. Arif Shah (IPS)	Vigilant Society and Volunteerism; Experiences of
	SSP	an Law Enforcement Officer
	J&K Police Department	
13.	Dr. Syed Karrar	A Developmental Perspective of Adolescence
	Department of Psychiatry,	
	Government Medical College,	
	Srinagar	
14.	Dr. Iqra Shah	Suicides in Teens
	Department of Psychiatry,	
	Government Medical College, Srinagar	
15.	Mr. Muzaffar Ahmad Ganai	Stress Management among School going Children
15.	Department of Psychiatry,	Stress Management among School going Children
	Government Medical College,	
	Srinagar	
16.	Mr. Rashid Ahmad Khan (KPS)	Dos and Don'ts of during Disasters, Like
	& Mr. Aejaz Ahmad Instructor	Earthquake, Flood, Fire and Landslides
	State Disaster Response Force (SDRF)	Basic Life Support, Foreign Body Airway
	1 st Battalion Team, J&K Police	Obstruction, Improvised Techniques with available
17	NA Poshid Ahmad Khan (KDC) with	resources during disasters
17.	Mr. Rashid Ahmad Khan (KPS) with Mr. Aejaz Ahmad (Instructor)	Fire Fighting, Use of Fire Extinguishers, Rope Rescue Techniques
	State Disaster Response Force (SDRF)	nescae recrimques
	1 st Battalion Team, J&K Police	
18.	Mr. Haseeb ur Rahman (IPS)	Floating Aids and Improvised Techniques during
	& Mr. Aejaz Ahmad (Instructor)	floods
	State Disaster Response Force (SDRF)	
19.	1st Battalion Team, J&K Police Dr. Musavir Ahmed,	Role of an NSS Volunteer
13.	Program Coordinator, NSS University	ווסוב טו מוו ואסט עטומוונפכו
	of Kashmir	
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4th Program (14th to 20th March 2022) and

5th Program (15th to 21st March 2022)

S. No	Name	Topic
1.	Dr. Musavir Ahmed, Program Coordinator, NSS University of Kashmir	National Service Scheme: Unlocking the Potential for Social Work among Student Community
2.	Dr. Wakar Amin Zargar, Department of Social Work, University of Kashmir	Social Work: Introduction, Scope, and Challenges
3.	Professor Zaffar Ahmad Reshi, Dean, School of Biological Sciences, University of Kashmir	Role of NSS in Pandemic
4.	Mr. Aziz Ahmad Rathar (KAS), Assistant Commissioner, Revenue, J&K Government	Mobilization of Society by NSS volunteers for Sustainable Development (Soft Schemes)
5.	Dr. Musavir Ahmed, Program Coordinator, NSS University of Kashmir	Structure and Functioning of NSS
6.	Dr. Muzaffar Ahmad Khan, Director, Youth Development and Rehabilitation Centre (YDRC), J&K Police	Drug Abuse in Young Adults of J&K
7.	Professor Bikram Singh Bali, Head, Department of Earth Science University of Kashmir, Srinagar	Earthquake Studies: Precautions and Prevention
8.	Dr. Shazia Manzoor, Head Department of Social Work University of Kashmir	Disaster Management and Children: Social Work Response
9.	Dr. Itender Singh Bali Indian Red Cross Society approved First Aid Trainer	General Principles of First Aid, Seeking Help, Quick Assessment, Recovery Position, Recovery Position, Resuscitation (CPR), Choking, Convulsions, Clearing Pathways, Chest Thrusts, Abdominal Thrusts
10.	Dr. Itender Singh Bali Indian Red Cross Society approved First Aid Trainer	Circulation Bleeding Shock, Application of Pressure, Compressive Bandage, Injury and fractures, Immobilization, Dressing, Bandages, Head, Neck and Spinal Injuries, Handling and Transport Stretchers, Burns, Cooling and Handling of Burn Victims
11.	Dr. Yasir Hassan Rathar, Institute of Mental Health and Neuroscience (IMHANS), Kashmir	Understanding Addiction
12.	Dr. Fazle Roub, Institute of Mental Health and	Substance Use Disorder

	Neuroscience (IMHANS), Kashmir	
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13.	Dr. Nasir Geelani	Basic Counseling skills in Addiction
	Department of Psychiatry,	
	Government Medical College,	
	Srinagar	
14.	Dr. Musavir Ahmed,	Role of a Program Officer
	Program Coordinator, NSS University	
	of Kashmir	
15.	Mr. Arif Shah (IPS)	Vigilant Society and Volunteerism;
	SSP	Experiences of an Law Enforcement Officer
	J&K Police Department	
16.	Dr. Syed Karrar	A Developmental Perspective of Adolescence
	Department of Psychiatry,	, ,
	Government Medical College,	
	Srinagar	
17.	Dr. Iqra Shah	Suicides in Teens
	Department of Psychiatry,	
	Government Medical College,	
	Srinagar	
18.	Mr. Muzaffar Ahmad Ganai	Stress Management among School going
	Department of Psychiatry,	Children
	Government Medical College,	
	Srinagar	
19.	Mr. Rashid Ahmad Khan (KPS)	Dos and Don'ts of during Disasters, Like
	& Mr. Aejaz Ahmad (Instructor)	Earthquake, Flood, Fire and Landslides
	State Disaster Response Force (SDRF)	Basic Life Support, Foreign Body Airway
	1 st Battalion Team, J&K Police	Obstruction, Improvised Techniques with
		available resources during disasters
20.	Mr. Rashid Ahmad Khan (KPS) with	Fire Fighting, Use of Fire Extinguishers, Rope
	& Mr. Aejaz Ahmad (Instructor)	Rescue Techniques
	(0.0.5)	
	State Disaster Response Force (SDRF)	
21.	1 st Battalion Team, J&K Police Mr. Haseeb ur Rahman (IPS)	Electing Aids and Improvided Techniques
21.	Mr. Aejaz Ahmad (Instructor)	Floating Aids and Improvised Techniques
	State Disaster Response Force (SDRF)	during floods
22.	Dr. Musavir Ahmed,	Role of an NSS Volunteer
	Program Coordinator, NSS University	
	of Kashmir	
23.	Field Work	Dal Lake Interiors
	1st Battalion Team, J&K Police Dr. Musavir Ahmed, Program Coordinator, NSS University of Kashmir	